SAFETY PLANNING FOR IMMIGRANT SURVIVORS DURING CORONAVIRUS



Nationalities SERVICE CENTER 1216 Arch Street, 4th Floor | Philadelphia, PA 19107 Phone: 215-893-8400 www.nscphila.org

Make a Safety Plan

- If you are in immediate danger, call 911 and request an interpreter. Do not allow your children to serve as interpreters. Contact with the the police could open a path for legal status as a victim of a crime in the U.S. In Philadelphia the police should not ask about your immigration status or citizenship.
- Contact people you trust (in person keeping distance, by phone, text or virtual chat) who could help you in an emergency. Establish a code word or a sign with them so they know when you need help (family, neighbors, friends, advocates).
- Memorize emergency numbers and keep your phone with you at all times.
- Select a safe room in your house and make sure there is way to exit the room during an emergency. Know where all the exit doors and windows are in your house.
- Avoid rooms with weapons (kitchen, garage, basement, bathroom) to reduce risk of harm during incidents of abuse.
- Use a code word or a sign with your children for when they should get away and call 911. Make sure your children know never to get involved or attempt to protect you.
- Learn about technology safety and how to stay safe online Change your passwords and pins on your phone and computer frequently. Do not allow the computer to remember your passwords.
- If you are not safe, are there other friends or family you could stay with during this time? Have a plan with them to help you exit and stay with them.
- Place your medication and important documents (immigration documents, passports, employment authorization cards and green cards) inside a bag in a safe place with easy access or ask a friend to keep them.

Where to call for help?

National Domestic Violence Hotline: Phone: 1-800-799-7233 Text: LOVEIS to 22522 Live Chat: https://www.thehotline.org/help/ National Human Trafficking Hotline: Phone: 1-888-373-7888 (TTY: 711) Text: 233733 Live Chat: https://humantraffickinghotline.org, National Sexual Assault Hotline: Phone: 1-800-656-4673 Live Chat: https://hotline.rainn.org/

24/7 assistance through interpreters.

Local Resources

Domestic Violence

- Philadelphia Domestic Violence Hotline: 866-723-3014
- Congreso de Latinos Unidos: 215-763-8870
- Lutheran Settlement House: 215-426-8610
- Women Against Abuse: 215-386-1280

• Women in Transition: 215-564-5301 Sexual Violence Services

• WOAR - Philadelphia Center Against Sexual Violence: 215-985-3315

Anti-Human Trafficking Services

- Nationalities Service Center: 215-893-8400
- The Salvation Army: 215-825-4601

Child Line: 1-800-932-0313

Immigration Legal Assistance

- Nationalities Service Center: 215-893-8400
- HIAS Pennsylvania :215-832-0900
- Justice at Work: 215-733-0878
- PIRC (Pennsylvania Immigration Resource Center): 717-600-8099

Community-Based Organizations

- AFAHO: 215-546-1232
- SEAMAAC: 215-467-0690
- JUNTOS: 215- 218-9079