

SIX

# COVID-19 MYTHS

## DEBUNKED

Let's set the record straight on myths about the COVID-19 vaccine.



**MYTH: THE COVID-19 VACCINE IS NOT SAFE BECAUSE IT WAS RAPIDLY DEVELOPED AND TESTED.**

Fact: Many pharmaceutical companies invested significant resources into quickly developing a vaccine for COVID-19 because of the world-wide impact of the pandemic. This led to an emergency response, but that does not mean companies were not safe or didn't do enough testing. A lot of time was saved during the paperwork/review process.



**MYTH: I ALREADY HAD COVID-19 AND AND FEEL FINE, SO I DON'T NEED TO GET A COVID-19 VACCINE.**

Fact: There is not enough information currently available to say if or for how long after infection someone is protected from getting COVID-19 again. You should get the COVID-19 vaccine, even if you've had COVID-19 previously. However, those who have had COVID-19 should delay vaccination until about 90 days from diagnosis.



**MYTH: THERE ARE SEVERE SIDE EFFECTS FROM COVID-19 VACCINES.**

Fact: On rare occasions some people have developed allergic reactions shortly after they have been vaccinated. Otherwise, the known vaccine reactions are short-term and mild or moderate. Some people may develop headache, chills, fatigue or muscle pain or fever lasting for a day or two. Keep in mind that these side effects often mean that your body is responding to the vaccine.



**MYTH: I WON'T NEED TO WEAR A MASK AFTER I GET THE COVID-19 VACCINE.**

Fact: It may take time for everyone who wants a COVID-19 vaccination to get one. And while the vaccine may prevent you from getting sick, it is unknown at this time if you can still give the virus to others. Until we know more, wearing a mask and staying six feet apart from others will be important.



**MYTH: I CAN GET COVID-19 FROM THE VACCINES.**

Fact: You cannot get COVID-19 since the vaccines do not contain live virus.



**MYTH: I HAVE MEDICAL PROBLEMS SO I CAN'T GET THE VACCINE.**

Fact: Yes, you can receive the vaccine. In fact, people with medical problems, such as **high blood pressure, diabetes and heart disease** should be vaccinated. COVID-19 can be more serious in people with these conditions.



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