



Free Mental Health Interpreter Training



**Mental Health interpreter 6 weeks on Wednesdays 2- 4p.m. EST
via Zoom**

10/23, 10/30, 11/6, 11/13, 11/20, 11/27

This training will prepare professional interpreters for mental health therapy assignments and will cover the following topics:

- Role of Interpreter in mental health setting
- Vicarious trauma, self-care, and supervision
- Interpreter skills and modes
- Basic concepts of mental health terminology
- Interpreter values, ethics and advocacy

**Register by emailing Moumena Saradar
msaradar@nscphila.org**



Originally from Syria, Moumena Saradar, BHS joined Nationalities Service Center in 2018 as a Medical Arabic Interpreter. In 2022, she joined the Wellness Team as a Wellness Liaison and currently is the Manager of Wellness, overseeing the Wellness Liaison program and coordinating the delivery of wellness services to the clients. Moumena holds a Bachelor's in Health Science majoring in Community and Public Health from the University of the People and is a student at Touro University Worldwide majoring in Marriage and Family Therapy MFT. Moumena is a certified Medical Arabic Interpreter from Culture Advantage and formerly worked as a freelance interpreter with language service companies across the nation. Her dedication and commitment to serving new arrivals, mitigating their migration stressors, and helping them integrate into their new societies drove her passion to work at NSC serving immigrants and refugees in the Greater Philadelphia area.