



## Immigrant and Refugee Trauma-Informed Case Management Certificate



**NASW PA  
CEUs  
Available!**

**6-Week 12 Hour Virtual Training via Zoom  
Thursdays, June 1 -July 6 2023, 2-3:30 pm EST via Zoom**

**Register:**

**<https://nsc.ticketleap.com/12-hr-trauma-informed-immigrant-and-refugee-case-management-cer/>**

### **Investment**

Individual/ Small Organization (1-49 staff) : \$125 per person

Medium Organization (50-100 staff): \$175 per person

Large Organization (100+ staff): \$225 per person

\*\* If registering 5 or more staff from same org. please email [gsoffer@nscphila.org](mailto:gsoffer@nscphila.org) for discount

### **Facilitators**

Gwen Soffer serves as the Manager of Wellness at NSC, managing onsite clinical and holistic trauma-informed wellness programming as well as staff self-care and professional development. She holds a master's degree in Social Work with Trauma Specialty from Widener University. She is TCTSY-F certified through the Center for Trauma and Embodiment at the Justice Resource Institute and has been working in the trauma-informed wellness field for over fifteen years. Gwen is a Certified Trauma Service Specialist and has certifications in Stress Management and the Harvard Global Mental Health: Trauma and Recovery Certification. She is a member of the American Academy of Experts in Traumatic Stress, the Association of Traumatic Stress Specialists, and the National and Pa. Association of Social Work. She presents regularly on the topic of trauma and wellness including the Pathways for Victims Services Conference, Jefferson University Trauma Training Conference, North American Refugee Health Conference, and the Beau Biden Institute/SOAR Trauma Institute and has published multiple articles and chapters on trauma-informed wellness practices. Her belief in the power of connection and the potential of healing drives her passion for trauma-informed practice.

Other facilitators include experienced MSW and specialty professionals.

### **Contact & Registration**

Gwen Soffer at [gsoffer@nscphila.org](mailto:gsoffer@nscphila.org)

**Weekly Overview: Thursdays, 2-3:30 EST via Zoom**

**Week 1, 6/1/23: Defining Case Management**

defining case management/case management process/ building rapport/scope of practice/professional boundaries/confidentiality/consistency with agency mission

**Week 2, 6/8/23: Case Management Concepts**

strengths-based practice/client-centered approach/person in environment/transference and countertransference/ collaboration/stages of change/service-planning/ cultural humility/dimensions of wellness

**Week 3, 6/15/23: Trauma-Informed Care in Case Management**

understanding trauma/trauma-informed case management//Maslow's Hierarchy of Needs/ vicarious trauma and self-care/supportive supervision

**Week 4, 6/22/23: Service Planning and Documentation**

needs assessment/service planning/critical incidents and documentation/acuity scale/case noting and documentation/providing support as a non-clinician and triaging mental health

**Week 5, 6/29/23: Case Management Communication**

high context-low context communication/spirit of motivational interviewing/reflective listening/client empowerment/cross-cultural sensitivity and humility/de-escalation and dealing with conflict/cross program integrated care

**Week 6, 7/6/23: Case Management Resources**

determining eligibility/working collaboratively with interpreters/understanding systems/referrals/long and short term needs and resources/community connections/cross-enrolled clients/case closure and warm hand off/professional development

**About Nationalities Service Center**

Here at Nationalities Service Center, we believe that immigrants and refugees are a critical part of the fabric of life in the United States, and it is our vision that all immigrants and refugees achieve a life of dignity, safety, stability, sustainable opportunities and meaningful connections to their communities. To this end, NSC provides comprehensive services to immigrants and refugees, including legal protections, community integration, employment readiness, access to health and wellness services, and opportunities to achieve English language proficiency.



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